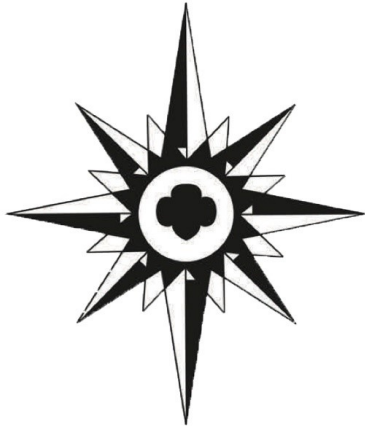


**January 12, 2019**  
**Discoveree**

**Training Event for Adults and  
Girl Scouts in Grades 9-12**





# Table of Contents

Information.....	3
Workshops at a Glance.....	4
Daisy & Brownie Learning Paths.....	5
Complete List of Workshop Details .....	6
Session I.....	6
Session II.....	10
Session III.....	13
Session IV.....	16
Girl Scout Store Info, Committee & Acknowledgements.....	19

## Symbols

-  **Daisies (K-1)**
-  **Brownies (2-3)**
-  **Juniors (4-5)**
-  **Cadettes (6-8)**
-  **Seniors (9-10)**
-  **Ambassadors (11-12)**
-  **Adult**

Join the Discoveree Facebook Group:



<https://tinyurl.com/yaqaw7u8>



# Discoveree

**Jan. 12, 2019**  
**7:30 am - 4:30 pm**  
(Store Hours 7:30 am - 1:30 pm)

***Early Bird Registration Ends Dec. 15***

**Discoveree** - Girl Scouting made easy! Join us for a one-day event focused on learning new skills and helping girls thrive. Discoveree gives you the opportunity to meet other Girl Scout enthusiasts while exploring topics that are interesting to you. Learn new crafts, outdoor skills, positive youth development techniques, and just about anything in-between. Choose your favorite workshops or pick a learning path that corresponds with your girls' age level.

**January 12, 2019**  
**7:30 am - 4:30 pm**  
**Cesar Chavez Middle School**  
**2801 Hop Ranch Road, Union City, CA 94587**

- **Doors Open, Check-in and Walk-in Registration Begins at 7:30 am**  
(Come visit the Girl Scout Store and the Girl Scout Concession Stand)
- **Opening Ceremony begins at 8:30 am**
- **Workshops begin at 9:00 am**  
(Due to the number of people attending, we recommend arriving no later than 8:00 am for parking and registration.)

**To register, visit:**

<https://www.gsnorcal.org/en/for-volunteers/troops/learning-events.html>

or call: (800) 447-4475 x 2091

**No children or babies please**

**\$30.00 Early Bird (ends December 15, 2018)**

**\$35.00 (December 16, 2018 thru January 3, 2019 and walk-ins on day of)**

**\$7.50 per Workshop for Girl Scout Seniors\* (9th-10th Grade) and Girl Scout Ambassadors (11th-12th Grade)**

**\* Only those workshops denoted with ★ on page 4 are open to Girl Scout Seniors (all workshops are open to Ambassadors)**

**\$8.00 Deli Lunch (optional)**

Extras such as patches, snacks, drinks, etc. will be available for purchase

**Any Questions?**

**[Registration@GirlScoutsNorCal.org](mailto:Registration@GirlScoutsNorCal.org)**

**Join the Discoveree Facebook Group for up-to-date Information:**



**<https://tinyurl.com/yaqaw7u8>**

# Workshops at a Glance

	Session I 9:00-10:30 am	Session II 10:45 am—12:15 pm	LUNCH 12:15—1:00 pm	Session III 1:15—2:45 pm	Session IV 3:00—4:30 pm	
Troop Program	101 Troop Camping Certification ( <i>lunch is prepared in this workshop</i> ) - This is a 4 Session Workshop					
	102 American Red Cross First Aid/CPR/AED - This is a 3 Session Workshop					
	103 Basic Ceremonies	203 Bringing Out The Best In Your Girls		303 “Fishing” For New Ideas	403 Conflict Management	
	104 College Knowledge ★	204 Go for the Gold! ★		304 Go for the Gold! ★	404 Girls Take the Lead	
	105 Extended Troop Travel - This is a 2 Session Workshop			305 Robert Rules!	405 Journey in a Weekend	
		206 Where in the World Would You Like to Go? ★		306 Strive for Silver	406 Juliette Low	
					407 Voices of Diversity	
				308 SAFE Self Defense - This is a 2 Session Workshop ★		
STEM	109 Take Your Science Outdoors	209 Engaging Girls in STEM		309 New STEM Badges & Journeys	409 Design Challenges: New Engineering Journey	
Outdoor Skills	110 Astronomy	210 Chillin’ with Charcoal - This is a 2 Hour Session		310 Basic Knots	410 Getting Outside Step-by-step	
	111 Dutch Oven Cooking - This is a 2 Session Workshop			311 Hike Planning	411 Knife Safety - Whittling Chip	
	112 Orienteering	212 Geocaching - This is a 2 Hour Session		312 Solar Pizza Box Oven	412 Outdoor Journey & Badges	
		213 Make a Map				
Songs, Games & Dance	114 Games Your Troop will Love	214 Pocket Programs		314 Song Leading	414 Grab Your Partner & Dance	
		215 Action Packed Games				
Crafts & Personal Interest	116 Cozy Critters	216 Beaded Batik Scarves - Troop Identifiers		316 Dream Catchers	416 Advanced Knitting	
	117 Eggshell Mosaics	217 Beginning Knitting		317 Gratitude Flags	417 Cupcake Decorating - Easy & Fun!	
	118 Fabric Origami Gift Boxes	218 Fairytale Magic		318 Little Books	418 Custom T-shirts with Freezer Paper	
	119 Grab Bag of Fun	219 Fun & Easy Leathercraft - This is a 2 Hour Session		319 Micro Macramé	419 Felted Soap	
	120 Needle Felting Fun	220 Learn to Draw Anime		320 Painting with Daisy	420 Glass Etching	
	121 Tree of Life Pendant	221 Ukrainian Eggs		321 Ultimate T-shirt Crafts	421 Ribbon & Yarn Leis	
	122 Weave aa Masterpiece			322 Woodburning	422 Taking Better Photos	

★ Senior Girl Scouts (Grades 9-10) may attend these workshops only.  
*[All workshops are open to Ambassador Girl Scouts (Grades 11-12)]*

# Daisy & Brownie

## Learning Paths



**Learning Paths** designed to help get your Daisy and Brownie Troops off to a great start and many ideas for your meetings...

### **SESSION I:**

- 101 Troop Camping Certification (*Needed for outdoor camping*)
- 102 First Aid/CPR/AED (*A certified First Aid/CPR adult is needed for some field trips and outings*)
- 103 Basic Ceremonies
- 109 Take Your Science Outdoors
- 110 Astronomy
- 114 Games Your Troop will Love
- 116 Cozy Critters (Brownies)
- 119 Grab Bag of Fun
- 122 Weave a Masterpiece (Brownies)

### **SESSION III:**

- 303 "Fishing" For New Ideas
- 305 Robert Rules! (Brownies)
- 309 New STEM Badges and Journeys
- 310 Basic Knots
- 311 Hike Planning
- 312 Solar Pizza Box Oven
- 314 Song Leading
- 316 Dream Catchers
- 318 Little Books

### **SESSION II:**

- 203 Bringing Out the Best in Your Girls
- 209 Engaging Girls in STEM
- 210 Chillin' With Charcoal
- 213 Make a Map
- 214 Action Packed Games
- 215 Pocket Programs
- 216 Beaded Batik Scarves
- 218 Fairytale Magic
- 219 Leathercraft (Brownies)
- 220 Learn to Draw An Anime Face (Brownies)

### **SESSION IV:**

- 405 Journey in a Weekend
- 406 Juliette Low
- 409 New Engineering Journey Sampler
- 410 Step by Step Guide to Getting Outside (Brownies)
- 411 Knife Safety - Whittling Chip (Brownies)
- 412 Outdoor Journey & Badges
- 421 Outdoor Journey and Badges
- 414 Grab Your Partner and Dance
- 418 Custom T-Shirts Using Freezer Paper
- 419 Felted Soap
- 422 Taking Better Photographs

# Session I



**Workshop Descriptions:** The workshops are organized by session and category. If a workshop is offered more than once, it will be listed in each session it is offered. Workshops are listed in order by number. The leadership and leader enhancement workshops (trainings) regularly offered by the council throughout the year are outlined in blue.

## Troop Program

### 101 Troop Camping Certification

This course is required for at least one adult who will accompany the troop when cooking or sleeping outdoors. Emphasis is on how to teach skills to the girls and prepare them for their outdoor experiences, as well as health and safety concerns. **You will be preparing your lunch during the class, so please do not order a Discoveree lunch.**



**This is a four session workshop.** (You must attend all four sessions to get certified.)

**Workshop Leaders:** Carol Avina and Gail Glenn

**Program Focus:** 

**Items to bring:** A mess kit (an unbreakable plate, bowl and cup with eating utensils), and a camping chair.

### 102 First Aid/CPR/AED

First Aid/CPR/AED by American Red Cross. You will learn approved life-saving techniques and have an opportunity for hands on practice. Upon completion of this class and the online Girl Scout First Aider Course, you will be eligible to act as a Troop or Event First Aider. Please dress in comfortable clothes as we will be practicing on the floor.



**This is a three session workshop.**

**Workshop Leaders:** Tina Amber and Sherri Scarrott

**Program Focus:** 

**Items to bring:** A mat or towel for the floor.

### 103 Basic Ceremonies

What is an **Investiture/Rededication** and why do we need one? Need something notable for **World Thinking Day**? How do we recognize girls who have accomplished something spectacular during the year (**Court of Awards**)? Add something special to your troop's year and learn how to creating meaningful and successful ceremonies (including several ideas, special songs and creative crafts for each). This workshop offers an opportunity to experience and plan innovative ceremonies.



**Workshop Leader:** Jeanette Bemis

**Program Focus:** 

### 104 College Knowledge Badge Secrets ★

NEW 2018 Badge! We will cover easy to follow guidelines on how to earn this badge in your troop meetings. Topics will include how to explore your college options, define your college goals, and create a college financial plan.

**Workshop Leaders:** Audrey Slaughter and Eileen Doster

**Program Focus:** 



**A Roadmap for College**

**Why do you attend Discoveree?**

***“By meeting amazing women, I renewed my Girl Scout energy.***

**- 2018 Discoveree Attendee**

# SESSION I

## 105 Extended Troop Travel

Is your troop talking about taking a trip that will be three nights or more?

This training is a council requirement for those troops. The trained adult must help with the troop's trip planning and attend the trip. We will cover planning, paperwork and safety checkpoints for all types of trips and help answer any questions you may have about the process.



**This is a two-session workshop.**

**Workshop Leaders:** Sandy Norman and Diane Hall

**Program Focus:** j c s a

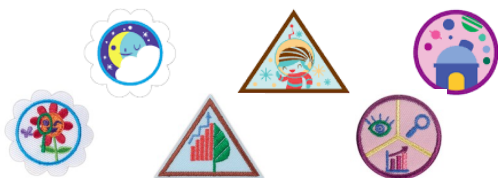
## STEM

## 109 Take Your Science Outdoors

Get ready to explore outdoor science! Learn how girls can help real scientists by making observations and collecting data in the 'Think like a Citizen Scientist' Journey. Then, prepare to reach for the stars with new space science badges. Get hands on with sample activities, and see how girls can enjoy the outdoors as they build science interest, confidence, and skills.

**Workshop Leaders:** Arri DeJesus (Council Staff) and Jessica Henricks (Council Staff)

**Program Focus:** d b j



## Outdoor Skills

## 110 Astronomy

Have you ever looked up at the night sky and wanted to know more? Come learn about the constellations, how to find them and the stories behind them. Engage in hands-on star-related activities that can be helpful with badge requirements.



**Workshop Leader:** Val Armento

**Program Focus:** d b j c s a

**Items to bring:** Please bring an empty, clean pint or quart sized ice cream carton to make a constellation of your choice.

## 111 Dutch Oven Cooking

Expand your outdoor experience by learning about Dutch oven cooking. We will learn about the care and feeding of Dutch ovens as well as learn some new recipes. We will cook dishes for breakfast, dinner and dessert.



**You will be preparing your lunch during the class, so please do not order a Discoveree lunch.**

**This is a two-session workshop.**

**Workshop Leaders:** Ann Sorenson and Sue Smith

**Program Focus:** j c s a

**Items to bring:** A mess kit (an unbreakable plate, bowl and cup with eating utensils) and a drink.

## 112 Orienteering

Looking for a fun, outdoor adventure for your troop? Orienteering is the sport of navigating in the woods with a map and compass. Learn the basic skills of the sport, and how to introduce it to your troop at a local event. Try out a mini-course yourself.



**Workshop Leaders:** Vicki Woolworth and Nick Corsano

**Program Focus:** j c s a

**Items to bring:** Compass (optional).



# SESSION I

## Songs, Games & Dance

### 114 Games Your Troop will Love

Learn fast, super fun games for every troop meeting. Find out how to harvest the energy of active troop members through the power of games where no one goes out or loses. These games will make your meetings more fun and more focused--really! Learn by playing yourself.

**Workshop Leader:** Daisy Kiehn

**Program Focus:** d b j c s a

**Items to bring:** Please wear shoes and clothes you can play in.



### 118 Fabric Origami Gift Boxes

Using stiffened fabric and origami folding techniques, we will create nesting boxes. Use them as gifts or to hold special items. This is a great way to use up scrap fabrics! We will also fold cranes and stars which make great ornaments or package decorations.

**Workshop Leader:** Brenda Flowers & Jennifer Huie

**Program Focus:** j c s a



### 119 Grab Bag of Fun

Simple, fun and inexpensive crafts for girls of all ages. Ideas for lots of projects, making at least 5. Great for meeting warm ups, meeting fillers and even gifts the girls can give.

**Workshop Leader:** Carrie Grothman

**Program Focus:** d b j c s a

**Items to bring:** Please bring scissors.



## Crafts & Personal Interest

### 116 Cozy Critters

Hand sew a bone, mouse, or heart toy for your furry kitty or doggy friend so they feel loved as you learn to do the blanket stitch! This is part of my Cozy Critter class I offer where Brownies complete 2 steps of the Pet's Badge.

**Workshop Leader:** Dori Gladden

**Program Focus:** b j c s a



### 120 Needle Felting Fun

A craft in which you stab things to create art! Make miniature cuteness with a barbed needle and wool roving. You will leave with the item of your creation and all the information you need to make it the kind of craft you get addicted to on your own!

**Workshop Leader:** Deborah Rodriguez Dear

**Program Focus:** c s a



### 117 Eggshell Mosaics

Introduce your older girl troop to the world of ink, alcohol and eggshells. Pick one of the items we provide to use as the base for your mosaic in this fun workshop. This is a great project for small boxes, pendants and light switch covers, etc.

**Workshop Leader:** Martha Bratton

**Program Focus:** j c s a



## Why do you attend Discoveree?

*"I love doing and observing things that would be impossible online and having a chance to talk with other attendees."*

- 2018 Discoveree Attendee



# SESSION I

## 121 Tree of Life Pendant

Create a unique Tree of Life Pendant from wire, beads and gemstones. Tree of Life artwork has been part of many ancient cultures and folklore. Each pendant will reflect your individual designs.

**Workshop Leaders:** Mary Jernigan  
and Taylor Thompson

**Program Focus:** c s a

**Items to bring:** Jewelry pliers, cutters and artistic energy!



## 122 Weave a Masterpiece

Weave your own masterpiece in a ready to hang frame. Bring scrap yarn to share or use mine.

**Workshop Leaders:** Tia and Kim Maynard

**Program Focus:** b j c s a



### Why do you attend Discoveree?

*"Discoveree is the most fun I have had in Girl Scouts in one day. I can learn new crafts, experiment with outdoor cooking, update my STEM knowledge, and learn from the experts!"*

- 2018 Discoveree Attendee

# Session II



## Troop Program

### 203 Bringing Out the Best in Your Girls

How do you build girls of courage, confidence and character? Discover successful strategies for partnering with girls as they develop into leaders and take on bigger challenges. Our workshop leaders draw on their 25 years of bringing out the best in their troop members.

**Workshop Leaders:** Esther Heller and Nick Corsano

**Program Focus:** 

Building girls of  
courage, confidence,  
and character,  
who make the world  
a better place.



### 204 Go for the Gold! ★

Go for the Gold is an orientation/information workshop for Senior and Ambassador Girl Scouts, their leaders and potential project advisors. It will provide guidance related to choosing a project, preparing and submitting a proposal, completing an approved project and submission of a final report.

**Both girls and adults need to register for this workshop. There will be no “drop-ins” allowed.**

**Workshop Leaders:** Nancy Corbin, Jan Cushman, Pinky Khatri, Carol Horaitis and Jean Follette

**Program Focus:** 

### 206 Where in the World Would You Like To Go? ★

Have your girls ever wanted a chance to go somewhere new, do something different and meet people from around the world? If so, Destinations are for you! Girl Scout Destinations are the ultimate adventures for girls ages 11 and older. With different trips every year, there's something amazing for everyone to experience. Learn all about the travel opportunities available. It is time to discover where in the world Girl Scouts can take you next!

**Workshop Leader:** Val Armento

**Program Focus:** 



## STEM

### 209 Engaging Girls In STEM - From Hesitant to Confident!

Do you understand the importance of encouraging girls in STEM, but feel like you can't lead science or tech activities because you are not a “STEM person”? Has it been a long time since you have taken a science or math class and don't feel confident in these subject matters anymore? Let those worries diminish as you learn facilitation techniques which actively engage girls in discovery and invites them to lead discussions with each other. Resources - program boxes, badges and journeys, events, webinars, and field trip ideas - will be shared to help you grow from "hesitant to confident" in offering Girl Scout STEM programs.

**Workshop Leaders:** Jean Fahy (Council Staff) and Arri DeJesus (Council Staff)

**Program Focus:** 

**S.T.E.M. Programs**  
(Science, Technology, Engineering, & Math)



### Why do you attend Discoveree?

*“At Discoveree, I enjoy being in the company of excited and enthusiastic people who all have the same goal of bringing Girl Scouting to our girls.”*

- 2018 Discoveree Attendee

# SESSION II

## Outdoor Skills

### 210 Chillin' with Charcoal: Calzones, Cornbread, Cobbler, Oh My!

Join us in the amazing, fun world of outdoor cooking. We will learn many outdoor cooking skills, including cooking on an open fire, making and using a box oven, and it wouldn't be outdoor cooking without a Dutch oven adventure. Bring your appetite!



**You will be preparing your lunch during the class, so please do not order a Discoveree lunch.**

**Workshop Leaders:** Louise Lee, Brytney Lee and Jude Lee

**Program Focus:**

**Items to bring:** Please bring a mess kit (an unbreakable plate, bowl and cup with eating utensils), water bottle and a camp chair.

### 212 Geocaching

Learn the basics of this global sport. We'll start by learning the beginning steps in the classroom, then head out to find some geocaches in the immediate area, using GPS devices or your smartphone. We'll cover the steps required to complete the Junior Badge, Geocaching. **If you ordered a Discoveree Lunch, please pick it up prior to this workshop.**



**This is a long session workshop ending at 12:45 pm.**

**Workshop Leader:** Liz Crocker

**Program Focus:**

### 213 Make a Map!

Learn about resources and techniques for making a simple schoolyard or park map and plan some fun activities using it.

**Workshop Leader:** Vicki Woolworth

**Program Focus:**



## Songs, Games & Dance

### 214 Action Packed Games

Participate as you learn a variety of ice breakers, get-to-know-you activities, and team building games. Wear comfortable shoes and come prepared to interact! There is always time for a GAME. Great booklet-style handout provided that details all of the games, including new games introduced in 2019.



**Workshop Leader:** Karen Rodriguez (Council Staff)

**Program Focus:**

### 215 Pocket Programs

Do you have an extra 5-10 minutes between activities or extra time at the end of a troop meeting and don't know what to do? Are your girls waiting for food to be cooked on a camping trip and you need something to keep them from getting restless? You will learn a series of easy games, many with simple songs that you can play with your girls. Your troop will want to play them again and again!



**Workshop Leader:** Merryn Oliveira

**Program Focus:**



# SESSION II

## Crafts & Personal Interest

### 216 Beaded Batik Scarves: Terrific Troop Identifiers!

Need a better way to identify your girls in a crowd? Come learn how to make an easy-to-teach beaded scarf that's unique to your troop. Also works great as a holiday gift. We'll also go over all sorts of other types of troop identifiers.



**Workshop Leaders:** Georgina Dannatt and Jeanne Spahr

**Program Focus:** d b j c s a

**Items to bring:** Scissors that will cut fabric (pins & needle helpful too).

### 217 Beginning Knitting

Knit 1, Purl 2.....come and learn the basics including how to cast on, knit, purl, and cast off. Learn a fun new hobby!

(Yarn and needles will be supplied)

**Workshop Leaders:** Rosemary West and Molly West

**Program Focus:** j c s a



### 218 Fairytale Magic

Come and play in your own magical fairytale. Create a fairy garden from recycled pottery/china pieces. Make lighted fairy houses (STEAM activity).

**Workshop Leaders:** Martha Bratton and Michele Sullivan

**Program Focus:** d b j c s a



### 219 Fun and Easy Leathercraft

Learn fun and easy leathercraft projects to teach/do with your Girl Scouts. We'll make coasters, bookmarks, braided bands/belts & pouches to hold small items using soft & hard leather.



**If you ordered a Discoveree Lunch, please pick it up prior to this workshop.**

**This is a long session workshop ending at 12:45 pm.**

**Workshop Leader:** Sue Best

**Program Focus:** b j c s a

### 220 Learn to Draw an Anime Face

Let me show you the right proportions of the anime face along with how to draw fabulous hair and big shiny eyes, so you can create your own original character!

**Workshop Leader:** Dori Gladden

**Program Focus:** b j c s a



### 221 Ukrainian Egg Decorating

This beautiful art has been handed down through generations of Ukrainians for more than 2,000 years! Come learn all the techniques to create your own pysanky egg.



**Workshop Leader:** Kim Busichio

**Program Focus:** j c s a

## Why do you attend Discoveree?

*"The workshops were just what I needed as a leader with a troop of girls ready to expand into older Girl Scouting activities."*

- 2018 Discoveree Attendee

# Session III



## Troop Program

### 303 "Fishing" for New Ideas: How to plan an awesome program!

In this workshop you will learn program planning techniques to put together fun and exciting thematic events! This will also be a great model on how to teach your older girl leaders to do the same. So swim on by and "fish" for some new ideas!

**Workshop Leader:** Alex Diaz

**Program Focus:** 



### 304 Go for the Gold! ★

Go for the Gold is an orientation/information workshop for Senior and Ambassador Girl Scouts, their leaders and potential project advisors. It will provide guidance related to choosing a project, preparing and submitting a proposal, completing an approved project and submission of a final report.

**Both girls and adults need to register for this workshop. There will be no "drop-ins" allowed.**

**Workshop Leaders:** Nancy Corbin, Jan Cushman, Pinky Khatri, Carol Horaitis and Jean Follette

**Program Focus:** 



### 305 Robert Rules!

Ever sat through a badly run adult meeting? Tired of the misuse or lack of procedures in your committees or groups?

Parliamentary Procedure is more than bylaws and rules; it's the power to democratically run meetings that get things done! Come learn how it works. Our Council's own Parliamentarian will have you making, amending and even postponing motions via fun activities.

**Workshop Leader:** Esther A. Heller, PRP

**Program Focus:** 



### 306 Strive for Silver

Do your Cadettes want to earn the Silver Award but you are not sure where to start? Come join this training to learn the basics of the Silver Award and what you as a troop leader need to do to support your girls.

**Workshop Leader:** Jennifer Wall

**Program Focus:** 



### 308 SAFE Self Defense ★

Do you know how to protect yourself in a dangerous situation? In this class you can learn basic self defense that will keep you and your loved ones safe. This course will include blocks, strikes, and escapes, as well as a chance to do a simulated escape from a 'kidnapper.' Techniques are simple but effective! Make sure to dress in comfortable clothing, be prepared for activity, and bring water as well as a fighting spirit!!

**This is a two-session workshop.**

**Workshop Leader:** Rebecca Rodriguez

**Program Focus:** 



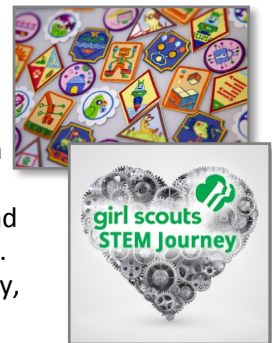
## STEM

### 309 New STEM Badges and Journeys

With so many new Girl Scout STEM Badges and Journeys, it can be hard to keep track! Get an overview of new STEM awards, try an assortment of activities, and get tips on using leader materials. From engineering to cybersecurity, there's something for everyone.

**Workshop Leader:** Elspeth Kersh (Council Staff) and Jean Fahy (Council Staff)

**Program Focus:** 



# SESSION III

## Outdoor Skills

### 310 Basic Knots: How to Tie; How to Teach

Learn how to tie eight basic knots (overhand, figure-8, square, sheet bend, bowline, half-hitch, clove hitch, and lark's head) and temporary whipping to keep the ends of the rope from unraveling. Class includes tips and ideas for teaching knots.



**Workshop Leader:** Denise Lapachet Barney

**Program Focus:** d b j c s a

**Items to bring:** Please bring 3 feet of cotton or nylon rope and a ruler or a wooden dowel.

### 311 Hike Planning

Looking for a great and easy way to get your girls outdoors? This workshop is for you! We'll go over how to plan a hike with appropriate mileages, how to approximate hiking time, and common pitfalls.



**Workshop Leaders:** Lauren McNulty and Meagan Travlos

**Program Focus:** d b j c s a

**Items to bring:** Please bring a trail map of a park near you.

### 312 Solar Pizza Box Oven

Make a solar pizza box oven for your next camp out. Learn a fun way to teach a little science while making some fun food. You will make a solar pizza box oven, learn about what journey or badge it applies to, and a little science.



**Workshop Leader:** Tanna Parker

**Program Focus:** d b j c s a

## Songs, Games & Dance

### 314 Song Leading

We will be learning as many songs as possible during this workshop. By the end, you will feel comfortably familiar with the tunes of campfire songs, including fast fun songs and slow serenading songs.



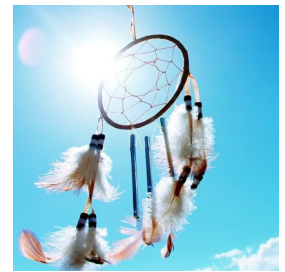
**Workshop Leader:** Deborah Rodriguez Dear

**Program Focus:** d b j c s a

## Crafts & Personal Interest

### 316 Dream Catchers

Originally from Native American culture, dream catchers are handmade crafts consisting of a round hoop woven with a loose web and decorated with hanging beads and feathers. The belief is good dreams come along if you hang one above your bed. Come hear the legend and learn how to make both an elegant version and a budget one. Various methods will be presented to fit the full range of your girls' ages and dexterity.



**Workshop Leaders:** Jeanne Spahr and Georgina Dannatt

**Program Focus:** d b j c s a

### 317 Gratitude Flags

We will make hand printed fabric gratitude flags, inspired by Tibetan Prayer Flags. This project could easily be changed into troop flags, with symbols chosen by the girls. Our class project will be collaborative and we will share our carved printing plates.



**Workshop Leader:** Rita De Lucchi

**Program Focus:** j c s a



# SESSION III

## 318 Little Books

Small handmade books are perfect for journals, diaries, logs, sketchbooks, or just for taking notes. We will make a variety of small books with simple techniques and easy-to-find tools. You will want to share these little books with both girls and adults.

**Workshop Leader:** Kim Busichio

**Program Focus:** 

**Items to bring:** Please bring scissors for cutting paper.



## 319 Micro Macramé

Knot just any macramé workshop! Learn, step by step, how to create a vintage era bracelet and micro-macramé owl. Handouts with instructions will be included so you can teach this activity with your troop. Great for older girls.

**Workshop Leader:** Rachel Browne

**Program Focus:** 

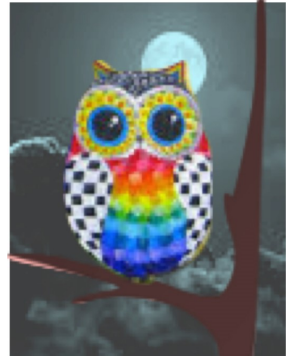


## 320 Painting With Daisy

An artist leads you through steps to create an original painting of a fantasy owl. Learn painting 'tricks' that guarantee an artwork you will be proud to display and how to teach your own troop. Your work will be unique!

**Workshop Leader:** Daisy Kiehn


**Program Focus:** 



## 321 Ultimate T-shirt Crafts

Save that well-loved T-shirt and join us to share new ideas to upcycle your T-shirt into creative accessories and gifts. Learn to make bags, pillows, placemats and more.

**Workshop Leaders:** Robin Kelley and Kathleen Trent

**Program Focus:** 



## 322 Woodburning

Introduce your girls to the art of Pyrography (woodburning). Learn easy techniques to offer this craft to your older girls. Decorate a small box/plaque/frame/door hanger, etc.

**Workshop Leaders:** Tom Bratton and Melina Bratton Boedecker

**Program Focus:** 



## Why do you attend Discoveree?

*"As my first GS training experience, I appreciated learning about GS specific traditions and networking with other leaders."*

- 2018 Discoveree Attendee

# Session IV



## Troop Program

### 403 Conflict Management:

#### 5 Styles of Effective Response

Conflict is inevitable, but it needn't be painful or anxiety-arousing.

Learn how to approach conflict as an opportunity to: solve problems, be creative, and build better relationships. In this workshop, you will learn about five response styles and how to use them to best advantage in real life situations.

**Workshop Leader:** Yvonne T. Ryan

**Program Focus:**



### 404 Girls Take the Lead

Have you done all you can think of to include girl leadership in your programs? This workshop will provide a framework for encouraging girl voice and engaging girls in program planning. Using the tools and strategies in this workshop, leaders can increase girl investment and program engagement. The workshop will focus on including girls in the planning process, building troop practices & structures to include girl voice, and giving girls space to create and run their programs.

**Workshop Leaders:** Brock Hudson (Council Staff) and Elspeth Kersh (Council Staff)

**Program Focus:**



### 405 Journey in a Weekend

Learn how to run your very own Journey weekends/ events, (for troops or service units) for Daisies, Brownies, Juniors, Cadettes and Seniors. During this workshop, we will discuss how to transform Journey content that is written to be delivered over multiple sessions into a workshop that is presented in a single day. We will review the Think Like An Engineer Journey (all levels) and the Amuse Journey (Juniors) as examples. Lastly, we will cover tips for making your workshop a rewarding experience for both the girls who attend it and the volunteers who make it possible.

**Workshop Leader:** Sheryl Haller

**Program Focus:**



### 406 Juliette Low

Come learn about Juliette 'Daisy' Gordon Low, the founder of Girl Scouts, and the impact she has on the lives of Girl Scouts today. In this workshop, we will share a bunch of activities that you can do with your troop to help the girls learn about our founder and to celebrate her amazing life.

**Workshop Leader:** Kate Tennant

**Program Focus:**



### 407 Voices of Diversity

This is a discrimination awareness workshop where you can learn about common misconceptions and stereotypes regarding Muslims in America in an immersive workshop including presentations, skits, hands on displays, and more. There will be a fun photo booth, calligraphy station, hijab (headscarf) trying station, and a professional henna booth as well!

**Workshop Leader:** Sameeha Salman

**Program Focus:**



# SESSION IV

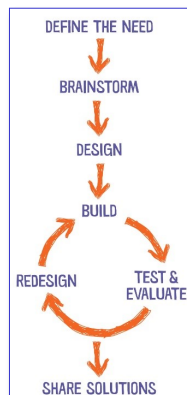
## STEM

### 409 Design Challenges: New Engineering Journey

Discover firsthand how much fun your girls can have by participating in a few of the new Engineering Journey design challenge activities. Working in small groups, experience how the Design Process can be a powerful tool for building confidence, inventiveness, and other valuable skills in STEM and beyond.

**Workshop Leader:** Jessica Henricks  
(Council Staff)

**Program Focus:** 



### 412 Outdoor Journey & Badges

Connecting with the outdoors is an essential part of the Girl Scout experience. Come learn about the

new Outdoor Journey and badges that girls can earn through outdoor art and outdoor adventures.

**Workshop Leader:** Karen Rodriguez (Council Staff)

**Program Focus:** 



## Outdoor Skills

### 410 Step by Step Guide to Getting Outside

Want to get your girls outside more but not certain where to start? Come hear

Nanette's tips and tricks for hiking, camping and backpacking. How to prepare and train your girls. How to get parent support. Where to find gear. How much do camping and backpacking trips cost. She will share all of her checklists with you making "getting outside" easy, fun, and patch worthy!

**Workshop Leader:** Nanette Heffeman

**Program Focus:** 



### 411 Knife Safety & Whittling Chip

Learn basic knife safety and care, with tips to use while teaching. Class includes cards to hand out to those who have passed basic knife safety classes (whittling chip). We will also practice whittling a shape out of a bar of soap!

**Workshop Leader:** Denise Lapachet Barney

**Program Focus:** 



### 414 Grab Your Partner and Dance

Learn folk dances from all over the world, and a few techniques for teaching Girl Scouts how to dance them as well. Bring your water bottle and wear sturdy shoes (preferably close-toed).

**Workshop Leaders:** Maureen Wikander and Cathryn Bruno

**Program Focus:** 




## Crafts & Personal Interest

### 416 Advanced Knitting

Advanced Knitting is just not knit and purl. Learn to yarn over, lace and cable and also learn about knitting tools. This is a good project for the girls. Learn how you can knit for groups who need help and maybe turn this skill into gold or silver award project. Will have supplies on hand.

**Workshop Leader:** Patty Bannon

**Program Focus:** 





# SESSION IV

## 417 Cupcake Decorating - Easy & Fun!

What's more fun than decorating with frosting? Learn to make flowers using Russian piping tips. Take home experience and a piping tip. This is a fun activity for girls and adults to do as a troop or for parties.



**Workshop Leaders:** Robin Kelley and Kathleen Trent

**Program Focus:** c s a

## 418 Custom T-Shirts Using Freezer Paper

The cheat version of screen printing, using freezer paper instead of real screens. Create personalized t-shirts using freezer paper. A great troop project, can use to make group shirts, gifts and more!



**Workshop Leader:** Jennifer Bill

**Program Focus:** d b j c s a

**Items to bring:** Please bring a washed cotton t-shirt you would like to stencil.

## 419 Felted Soap

Felted soap provides gentle exfoliation, preserves the suds and allows your soap to dry faster between showers which contributes to a longer lasting bar of soap. Once the soap is all used up you can cut open the pouch to make a small bag. We will wet felt bars of soap and add colored wool and bits of yarn. You can make your soap as simple or as complicated as you like. We will have felting needles to add fine details (suitable for older scouts) or you can make a random pattern that Daisies would enjoy.



**Workshop Leaders:** Brenda Flowers and Jennifer Huie

**Program Focus:** d b j c s a

## 420 Glass Etching

Introduction to glass etching. Learn easy ways to work with girls and create unique personalized items. Bring glass items you wish to decorate (check out \$ stores) or select from a variety of glass containers. Pyrex glass is not advised.



**Workshop Leaders:** Martha Bratton and Michele Sullivan

**Program Focus:** j c s a

## 421 Ribbon & Yarn Leis

Learn to make beautiful traditional Hawaiian ribbon and yarn leis as gifts to celebrate graduations, birthdays and special occasions.



**Workshop Leader:** Rachel Browne

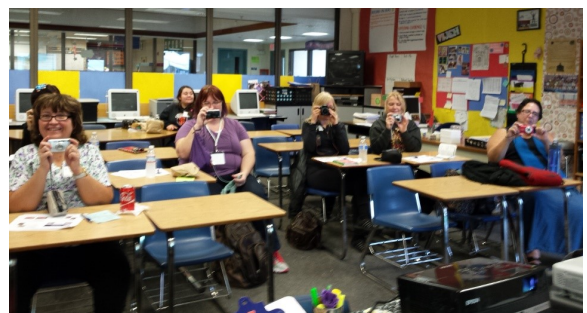
**Program Focus:** c s a

## 422 Taking Better Photographs

No matter what type of camera you are using, good photo composition principles remain the same. In this workshop, you will learn several of these principles as well as useful tips for photographing people, animals, and scenery.

**Workshop Leader:** Esther Heller

**Program Focus:** d b j c s a



## Shop our Mobile Store from 7:30–1:30



**1-800-447-4475 ext. 7090 or [Shop@GirlScoutsNorCal.org](mailto:Shop@GirlScoutsNorCal.org)**

Looking for something very specific? Call us by Jan. 7th to place an order to be delivered to the event.

### DISCOVEREE 2019

#### Committee Chair & Logistics

**Sheila Pallotta**

#### Council Liaison

**Janice Stone**

#### Committee

Martha Bratton, Rachel Browne,  
Kim Busichio, Libby Cox, Lydia Cox,  
Barbara Jean Guiot, Phyllis Lun, Robyn Laurin,  
Sue Nicol, Karen Oliver, Merryn Oliveira,  
Audrey Slaughter, Ann Watrous

### Thank You Workshop Leaders!

It is with deep appreciation that we thank and acknowledge all of our wonderful workshop leaders, without whom DISCOVEREE would not be a reality. They are all volunteers who have spent countless hours preparing their workshops.

### Other Acknowledgements

Clorox Corporation: Graciously donated the charcoal used for our cooking workshops.

Discoveree Assistants: Girls in grades 7-12 volunteer from sunup to sundown. Thanks for all the hard work!

Volunteers: In addition to our committee members and workshop leaders, the efforts of countless volunteers make DISCOVEREE possible—thanks to the people who help out with parking, staffing the shop, and so many other things!