



girl scouts
of northern california

Discoveree

February 1, 2020



Training Event for Adults and
Girl Scouts in Grades 9-12






New Location: Itliong-Vera Cruz Middle School!



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Symbols

-  **Daisies (K-1)**
-  **Brownies (2-3)**
-  **Juniors (4-5)**
-  **Cadettes (6-8)**
-  **Seniors (9-10)**
-  **Ambassadors (11-12)**
-  **Adult**

Join the Discoveree Facebook Group:



<https://tinyurl.com/yaqaw7u8>

Discoveree

Feb. 1, 2020

7:30 am - 4:30 pm

(Store Hours 7:30 am - 1:30 pm)



Early Bird Registration Ends Dec. 15

Discoveree - Girl Scouting made easy! Join us for a one-day event focused on learning new skills and helping girls thrive. Discoveree gives you the opportunity to meet other Girl Scout enthusiasts while exploring topics that are interesting to you. Learn new crafts, outdoor skills, positive youth development techniques, and just about anything in-between. Choose your favorite workshops or pick a learning path that corresponds with your girls' age level.



February 1, 2020

7:30 am - 4:30 pm

**New
Location**



Itliong-Vera Cruz Middle School

31604 Alvarado Blvd., Union City, CA 94587



- **Doors Open, Check-in and Walk-in Registration Begins at 7:30 am**
(Come visit the Girl Scout Store and the Girl Scout Concession Stand)
- **Opening Ceremony begins at 8:30 am**
- **Workshops begin at 9:00 am**
(Due to the number of people attending, we recommend arriving no later than 8:00 am for parking and registration.)

To register, visit:

<https://www.gsnorcal.org/en/for-volunteers/learning-events.html>



No children or babies please

\$30.00 Early Bird (ends December 15, 2019)

\$35.00 (December 16, 2019 thru January 25, 2020 and walk-ins on day of)

\$7.50 per Workshop for Girl Scout Seniors* (9th-10th Grade) and Girl Scout Ambassadors (11th-12th Grade)

*** Only those workshops denoted with ★ on page 4 are open to Girl Scout Seniors (all workshops are open to Ambassadors)**

\$10.00 Deli Lunch (optional) from Panera Bread

Extras such as patches, snacks, drinks, etc. will be available for purchase

Any Questions?

Registration@GSNorCal.org

Or call: (800) 447-4475 x 2091



Join the Discoveree Facebook Group for up-to-date Information:



<https://tinyurl.com/yaqaw7u8>



Workshops at a Glance

	Session I 9:00-10:30 am	Session II 10:45 am—12:15 pm	LUNCH 12:15—1:00 pm	Session III 1:15—2:45 pm	Session IV 3:00—4:30 pm
TROOP PROGRAM	101 American Red Cross First Aid/CPR/AED - This is a 3 Session Workshop				
	102 American Red Cross First Aid/CPR/AED <u>BLENDED</u> - This is a 2 Session Workshop			302 Go for the Gold ★	402 Build Your Own Website
	103 Extended Travel - This is a 2 Session Workshop			303 High School Planning to College Readiness ★	403 Going Global—Planning Travel to a World Center
	104 Ceremonies Demystified	204 Assessing Your Youth Program with PQA		304 Improving Your Networking Skills	404 GSNorCal Camps & Program
	105 College Knowledge Badge Workshop ★	205 Go for the Gold ★		305 WAGGS Basics	405 How to Run a Successful Camporee
	106 Where In the World Would You Like to Go? ★	206 Junior Leader Forum		306 Plan & Run Successful Events	406 Strive for Silver
		207 Training Program Aides - This is a 2 Hour Session			
STEM	108 Coding for Good!	208 Outdoor STEM		308 Reach for the Stars	408 Wonders of Space
OUTDOOR	109 Camp Out (<i>lunch is prepared in this workshop</i>) - This is a 3 Session Workshop				409 Basic Knots
	110 Intro to Troop Backpacking	210 Astronomy Basics		310 Advanced Camp Stove Cooking	410 GS Outdoor Progression & New Badges
	111 Knife Safety/Whittling	211 Dutch Oven Cooking (<i>lunch is prepared in this workshop</i>) - This is a 2 Hour Session		311 Hike Planning	411 Orienteering
		212 Geocaching Basics - This is a 2 Hour Session		312 Outdoor Skills	412 Protecting the Places We Love
SONGS & GAMES	113 Games Your Troop Will Love	213 Song Leading		313 Grab Bag of Fun #1	413 Create Your Own Escape Room
	114 Pocket Programs	214 Minute to Win It Games		314 Learn & Teach GS Songs	414 Grab Bag of Fun #2
				315 Grab Your Partner & Dance	415 Yoga on a Chair
CRAFTS AND PERSONAL INTEREST	116 Beaded Batik Scarves	216 Advanced Knitting		316 Balloon Art	416 Beginning Knitting
	117 Cookie Card in a Pizza Box	217 Designing with Denim - This is a 2 Hour Session		317 Embellished Petal Pouches	417 Customize T-Shirts
	118 Eggshell Mosaics	218 Fairytale Magic		318 Gnomes Are Where the Heart Is	418 Felted Coin Purse
	119 Learn to Crochet	219 Fun & Easy Leatherwork - This is a 2 Hour Session		319 Little Books	419 Glass Etching
	120 Make Your Own Party Favors	220 SWAPS		320 Painting a Dawn Cottage	420 Miniature Piñatas
	121 Rocks Rock! (Painted Rocks)	221 Ukrainian Eggs		321 Troop Shirts	421 Ribbon & Yarn Leis
	122 Tree of Life Pendant			322 Woodburning	422 Table Top S'MORE Maker

★ Senior Girl Scouts (Grades 9-10) may attend these workshops only.
[All workshops are open to Ambassador Girl Scouts (Grades 11-12)]

Daisy & Brownie

Learning Paths



Workshops geared toward Daisy and Brownie Troops designed to help get a great start and many ideas for meetings...

SESSION I:

- 101 First Aid/CPR/AED (*A certified First Aid/CPR adult is needed for some field trips and outings*)
- 102 First Aid/CPR/AED BLENDED (*A certified First Aid/CPR adult is needed for some field trips and outings—Online prerequisite for blended workshop*)
- 104 Ceremonies Demystified
- 108 Coding for Good!
- 109 Camp Out (*Needed for outdoor camping*)
- 111 Knife Safety/Whittling
- 113 Games Your Troop Will Love
- 114 Pocket Programs
- 116 Beaded Batik Scarves
- 117 Cookie Card in a Pizza Box
- 121 Rocks Rock! (painted rocks)

SESSION II:

- 206 Junior Leader Forum (Brownies)
- 208 Outdoor STEM (Brownies)
- 210 Astronomy Basics
- 213 Song Leading
- 214 Minute to Win It Games
- 217 Designing with Denim (Brownies)
- 218 Fairytale Magic
- 219 Leatherwork (Brownies)
- 220 SWAPS (Brownies)

SESSION III:

- 305 WAGGS Basics
- 306 Plan & Run Successful Events
- 311 Hike Planning
- 312 Outdoor Skills
- 313 Grab Bag of Fun #1
- 314 Learn & Teach Girl Scout Songs
- 315 Grab Your Partner and Dance
- 316 Balloon Art
- 317 Embellished Petal Pouches (Brownies)
- 321 Troop Shirts

SESSION IV:

- 402 Build Your Own Website
- 404 GSNorCal Camps & Program
- 405 How to Run a Successful Camporee
- 408 Wonders of Space
- 409 Basic Knots
- 410 Girl Scout Outdoor Progression & New Badges
- 413 Create Your Own Escape Room (Brownies)
- 414 Grab Bag of Fun #2
- 415 Yoga on a Chair
- 417 Customize T-Shirts
- 418 Felted Coin Purse (Brownies)
- 422 Table Top S'MORE Maker

Session I

Workshop Descriptions: The workshops are organized by session and category. If a workshop is offered more than once, it will be listed in each session it is offered. Workshops are listed in order by number. The leadership and leader enhancement workshops (trainings) regularly offered by the council throughout the year are outlined in blue.

Troop Program

101 American Red Cross First Aid/CPR/AED

American Red Cross certification in First Aid/CPR/AED. You will learn approved life saving techniques and have an opportunity for hands-on practice. Upon completion of this class and the online GSNorCal First Aider course, you will be eligible to act as a Troop First Aider. Please dress in comfortable clothes as we will be practicing on the floor.



This is a three-session workshop. Please note: You do have the opportunity to take an additional workshop in session 4.

Workshop Leader: Sherri Scarrott



Items to bring: A mat or towel for the floor.

103 Extended Travel

Are your girls ready to travel? Are they looking at adventures that are 3 nights or more? If so, this is the training for you.

Learn everything you need to know to help the girls plan their trip. At least one adult who will be accompanying the group must take this training. (We recommend at least two troop adults take this workshop.)

This is a two session workshop.

Workshop Leader: Sandy Norman and Diane Hall



102 American Red Cross First Aid/CPR/AED Blended Learning Course

American Red Cross certification in First Aid/CPR/AED. This blended learning course includes an online portion and a skills session. The online MUST be completed before attending skills session. Once registered to attend you will be sent a link to complete the online portion (2 1/2 hours). Upon completion of this skills session and the online GSNorCal First Aider course, you will be eligible to act as a Troop First Aider. Please dress in comfortable clothes as we will be practicing on the floor.

This is a two-session workshop.

Workshop Leader: Tina Amber



Items to bring: A mat or towel for the floor.



104 Ceremonies Demystified

What is an **Investiture/Rededication** and why do you need one? Need something notable for **World Thinking Day**? How do we recognize girls who have accomplished something spectacular during the year (**Court of Awards**)? Add something special to your troop's year and learn how to create meaningful and successful ceremonies (including several ideas, special songs and creative crafts for each). This workshop offers an opportunity to experience and plan innovative ceremonies.

Workshop Leader: Jeanette Bemis



SESSION I



105 College Knowledge Badge Workshop ★

Want to learn how you can help your troop earn the College Knowledge Badge? Come learn about college search tips, financial aid myths and how to start your college search!

Workshop Leaders: Audrey Slaughter and Eileen Doster



106 Where In the World Would You Like to Go? ★

Do your girls want a chance to go somewhere new, do something different and meet people from around the world? If so, Destinations is the way to go! Girl Scout Destinations are the ultimate adventures for girls ages 11 and older. Some trips repeat, some are new each year -- adventures for everyone. Learn about the travel opportunities and how to prepare. Discover where in the world Girl Scouts can take you.

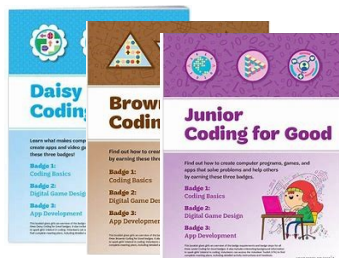
Workshop Leader: Val Armento



108 Coding for Good!

Do your girls want to earn the new "Coding for Good" badges, but you aren't confident in this topic yourself? Come join other non-coding adults and explore these badges together. Participate in several active and art-related badge activities to help explain terms such as algorithms, loops, conditionals and debugging. Although all of the badge steps can be completed "unplugged," we will also explore some of the suggested websites. Learn about females who have contributed to computer science and help your Daisies, Brownies, and Juniors discover ways coding can make the world a better place.

Workshop Leaders: Jean Fahy and Christine Matheney



Outdoor Skills



109 Camp Out

This course is required for at least one adult who will accompany and help plan with the girls a camping trip for longer than one night, without indoor plumbing and electricity. Emphasis is on how to teach skills to the girls and prepare them for their outdoor experience. Skills include knots, pocketknife, fire safety, cooking with propane and charcoal, and set up of camp and tents. Please reference the Trip & Outdoor Advisor position in the Volunteer Learning Portal for the online module prerequisites.

You will be preparing your lunch during the class, so please do not order a Discoveree lunch.

This is a three session workshop. (You must attend all three sessions and complete the online prerequisite to get certified.)

Workshop Leaders: Carol Aviña and Gail Glenn



110 Introduction to Troop Backpacking

Learn about what it takes to go backpacking with your troop. This does not take the place of the required training. We will talk about paperwork, equipment and where to go, along with the new badges that support this activity.

Workshop Leader: Theresa Northcutt



111 Knife Safety/Whittling

Learn how to care for and use a knife safely, including the basic cuts needed for whittling.

Workshop Leader: Denise Lapachet Barney



Items to bring: Participants should bring a pocketknife, a bar of soap (unscented preferred!), and a paper plate to catch the shavings. If you have a whetstone, please bring as well.



SESSION I



Songs, Games & Dance

113 Games Your Troop Will Love

Learn fast, super fun games for every troop meeting. Find out how to harvest the energy of active troop members through the power of games where no one goes out or loses. These games will make your meetings more fun and more focused --really! Learn by playing yourself.

Workshop Leader: Daisy Kiehn



Items to bring: Please wear shoes and clothes you can play in.



114 Pocket Programs

Do you have an extra 5-10 minutes between activities or extra time at the end of a troop meeting and don't know what to do? Are your girls waiting for food to be cooked on a camping trip and you need something to keep them from getting restless? You will learn a series of easy games, many with simple songs that you can play with your girls. Your troop will want to play them again and again!

Workshop Leader: Merryn Oliveira



What was most valuable or useful about attending Discoveree?

"Hands-on experiences to use with my girls, and ideas on how other leaders have used these experiences with their troops."

- 2019 Discoveree Attendee



Crafts & Personal Interest

116 Beaded Batik Scarves: Terrific Troop Identifiers!

Need a better way to identify your girls in a crowd? Come learn how to make an easy-to-teach beaded scarf that's unique to your troop. These can make great holiday gifts. We will also cover all sorts of other types of troop identifiers.

Workshop Leaders: Jeanne Spahr and Georgina Dannatt



Items to bring: Please bring scissors that will cut fabric (pins & needle are helpful too).



117 Cookie Card in a Pizza Box

Learn the art of cake design and techniques to decorate a giant chocolate chip cookie. Then use scrapbooking skills to decorate the top of a pizza box to make a "Cookie Card"....it's a delicious way to send a message!

Workshop Leaders: Karen Rodriguez and Deborah Dear



118 Eggshell Mosaics

Introduce your older girl troop to the world of alcohol ink and eggshells. A variety of items will be offered in this fun workshop. This is a great project for small boxes, pendants and light switch covers, etc.

Workshop Leaders: Martha Bratton and Michele Sullivan





SESSION I



119 Learn to Crochet

Have you ever wanted to make a hat? Or a dishcloth? This workshop will teach you the fun and quick basics you'll need to know. You will learn what the letters in a pattern mean. You will also learn stitches including chain, single crochet, double crochet, half double crochet and a few others as time allows.

Workshop Leader: Donna Fassett



120 Make Your Own Party Favors



Celebrate with Party Favors. Make simple party favors and cards for family and friends. Favors for January to June. Could be a good community project.

Workshop Leaders: Tia and Kim Maynard



Items to bring: Please bring paper-cutting scissors.



121 Rocks Rock! (Painted Rocks)

Have you ever come across a painted rock? Kindness rocks or painted rocks are showing up at schools, in parks, or just scattered around town. They can be a take action project, a service project, a troop craft or just something to do for fun. Painted rocks also make a great "random act of kindness." In this workshop you'll make several rocks using different materials while learning about this new form of urban art.

Workshop Leader: Kindra Mendall



122 Tree of Life Pendant

Create a unique Tree of Life Pendant from wire, beads and gemstones. Tree of Life artwork has been part of many ancient cultures and folklore. Each pendant will reflect your individual design.

Workshop Leaders: Mary Jernigan and Taylor Thompson



Items to bring: Please bring your jewelry pliers, cutters and your artistic energy!



Session II

Troop Program

204 Assessing Your Youth Program with Program Quality Assessment Tool (PQA)

Tired of the same old evaluation tools? Join us for a new way to evaluate the quality of your youth program using the PQA (Program Quality Assessment Tool). Observations are key to this field-tested method, so be ready to practice and to stretch your mind!

Workshop Leader: Eliz Adem



205 Go for the Gold ★

Go for the Gold is an orientation/information workshop for Senior and Ambassador Girl Scouts, their leaders and potential project advisors. It will provide guidance related to choosing a project, preparing and submitting a proposal, completing an approved project and submission of a final report.



Both girls and adults need to register for this workshop. There will be no "drop-ins" allowed.

Workshop Leaders: Nancy Corbin, Jan Cushman, Beverly Johnson, Carol Horaitis, Jean Follette and Pinky Khatri



206 Junior Leader Forum

A group of current troop leaders will answer the questions that most leaders ask: how to increase parent involvement, how to schedule the troop year, tips to manage difficult troop members, and more! Pick up great ideas and ask your questions to help make your Girl Scouts troop management much easier! Brownie leaders - learn tips on how to transition your troop to the Junior level!



Moderator: Audrey Slaughter



207 Training Program Aides - Learn to Host a Variety of Program Aide Trainings!

Join us for an exciting workshop where we share a variety of tips and techniques we use to train Program Aides (PAs)! We will share all the materials that we use for our PA trainings along with our best practices & ideas for how to create a fun & successful older girl training.

If you ordered a Discoveree lunch, please pick it up prior to this workshop.

Workshop Leaders: Erica and Corrine Sutliff

This is a long session workshop ending at 12:45 pm.



STEM

208 Outdoor STEM

Get your Brownies and Juniors outdoors! Participate in engaging activities that can be applied to outdoor STEM badges including Bugs, Eco Friend, Animal Habitats and Flowers. Share ways in which nature activities can be incorporated into troop camping trips, camporees, and day camps.

Workshop Leader: Jean Fahy





SESSION II



Outdoor Skills



210 Astronomy Basics

Want to help your girls enjoy the night sky? Come learn about the constellations, how to find them and the stories behind them. Engage in fun, hands-on, star-related activities that can be used to complete badge requirements.



Workshop Leader: Val Armento



Items to bring: Please bring an empty, clean pint- or quart-sized ice cream carton to make a constellation of your choice.

211 Dutch Oven Cooking

Expand your outdoor experience by learning about Dutch oven cooking. We will learn about the care and feeding of Dutch ovens as well as learn some new recipes for breakfast, dinner and dessert. **You will be preparing your lunch during the class, so please do not order a Discoveree lunch.**



This is a long session workshop ending at 12:45 pm.

Workshop Leaders: Ann Sorenson and Sue Smith



Items to bring: A mess kit (an unbreakable plate, bowl, cup, and eating utensils) and a drink.

212 Geocaching Basics

Learn the basics of this global sport. We'll start by learning the beginning steps in the classroom, then head out to find some geocaches in the immediate area, using GPS devices. We'll cover the steps required to complete the Junior Geocaching Badge. Helpful to download the Geocaching app to your smart phone, create a handle and login before you arrive.



If you ordered a Discoveree lunch, please pick it up prior to this workshop.

This is a long session workshop ending at 12:45 pm.

Workshop Leader: Liz Crocker



Songs, Games & Dance



213 Song Leading

Learn helpful song leading skills to pass onto your girls, from Daisies to Ambassadors, for groups from 4 to 400! We'll sing lots of songs along the way, learning tricks of the trade for engaging girls, even if they think they don't know any songs.



Workshop Leader: Laurie Herbert



214 Minute to Win It Games

Based on the TV Show "Minute to Win It," come learn a number of one-minute games for all ages. We will have handouts with photos and will have the opportunity to play many of the games during the session.

Workshop Leader: Kate Tennant



Crafts & Personal Interest



216 Advanced Knitting

Advanced Knitting is not just knit and purl. Learn to yarn over, lace and cable and also learn about knitting tools. Once these skills are shared with your troop, they can be used for outreach projects, knitting for groups, community service projects, etc. Supplies will be provided.



Workshop Leader: Patty Bannon



SESSION II



217 Designing with Denim

In the spirit of Girl Scouts, attendees will learn how to use resources wisely and upcycle old denim clothing into trendy fashionable handbags. This is a skill that can be taught to girls from Brownie through Ambassador levels. Minimum sewing skills are required. Notions, sewing kits and fabric lining provided.



If you ordered a Discoveree lunch, please pick it up prior to this workshop.

This is a long session workshop ending at 12:45 pm.

Workshop Leaders: Audrey and Curtis Perrott



Items to bring: *An old pair of jeans and scissors. (A limited number of jeans are available, if someone forgets to bring a pair.)*

218 Fairytale Magic

In this workshop, we will show you how to make your very own Fairytale Garden from recycled pottery/china pieces. We will also show you how to make lighted Fairy Houses (STEAM Activity) with step-by-step instructions.



Workshop Leaders: Martha Bratton and Michele Sullivan



219 Fun and Easy Leatherwork

Learn fun and easy leathercraft projects to teach/do with your Girl Scouts. We'll make coasters, bookmarks, braided bands/belts & pouches to hold small items using soft and hard leather.



If you ordered a Discoveree lunch, please pick it up prior to this workshop.

This is a long session workshop ending at 12:45 pm.

Workshop Leader: Sue Best



220 SWAPS

SWAPS are "Special Whatchamacallits Affectionately Pinned Somewhere". The tradition of Girl Scouts exchanging keepsakes started long ago when Girl Scouts and Girl Guides first gathered for fun, song, and making new friends. Learn tips to teach your



girls the basics along with SWAP etiquette. Lots of ideas as well as several make-it-take-its.

Workshop Leaders: Marcia McGallian and Subie Martin



221 Ukrainian Eggs

This beautiful art has been handed down through generations of Ukrainians for more than 2,000 years! Come learn all the techniques to create your own pysanky egg.



Workshop Leader: Kim Busichio



What was most valuable or useful about attending Discoveree?

"I was able to meet other leaders outside my service unit while being introduced to new activities and learning more about youth development and how I might apply it to my interactions with my girls."

- 2019 Discoveree Attendee



Session III

Troop Program

302 Go for the Gold ★

Go for the Gold is an orientation/information workshop for Senior and Ambassador Girl Scouts, their leaders and potential project advisors. It will provide guidance related to choosing a project, preparing and submitting a proposal, completing an approved project and submission of a final report.



Both girls and adults need to register for this workshop. There will be no "drop-ins" allowed.

Workshop Leaders: Nancy Corbin, Jan Cushman, Beverly Johnson, Carol Horaitis, Jean Follette and Pinky Khatri



303 High School Planning to College Readiness ★

Relax and prepare to make the most of high school with a plan that is tailored to your interests, strengths, and areas for growth! Testing? Activities? What is really important? Come find out how to evaluate your options and create the path that is right for YOU.



Workshop Leaders: Audrey Slaughter and David Griswold



304 Improving Your Networking Skills

Good networking requires more than showing up at networking events. This highly interactive workshop will cover good networking, tips on how to build your network, some communication skills and lots of practice.

Workshop Leader: Esther A. Heller



Items to bring: *If you have them, bring business cards.*



305 WAGGGS Basics

What is WAGGGS (World Association of Girl Guide and Girl Scouts) and why do you wear that blue pin? Where in the world can a Girl Scout go? How can you expand beyond the food fair of Thinking Day? What are the WAGGGS initiatives and how can you participate? Join us to learn the answers to all of these and more.



Workshop Leaders: Kathy Place, Ann Killeen, Kandi Lancaster, Leslie Stuart and Joanie Wings



306 Plan and Run Successful Events without "Losing Your Marbles"

Events are an important and exciting part of Girl Scouting -- they facilitate recruitment, enhance program and enrich the Girl Scout experience for girls and adult volunteers. In this workshop we will discuss event planning;



budgeting and pricing; promotion, branding and registration strategies; safety and compliance with council guidelines; AND the fun stuff . . . decor, activities and themes!

Workshop Leader: Gina Garitson





SESSION III



STEM



308 Reach for the Stars

Are your older girls ready to reach for the stars? Gain confidence with older girl space science concepts as you get hands-on with a few activities from the Cadette, Senior, and Ambassador Space Science Badges. Vivian White of the Astronomical Society of the Pacific will join us to share her space science expertise.



Workshop Leaders: Jessica Henricks and Vivian White (Astronomical Society of the Pacific)



Outdoor Skills



310 Advanced Camp Stove Cooking

Are you tired of one-pot meals and hot dogs? Are you looking to bring some new life to your next camping menu? Learn four techniques (no expensive equipment required!) to create dishes for all meals, including dessert, that will make you the envy of other campsites. We will make sample bites of several dishes, so please eat a light lunch. Recipes can be adapted to most dietary restrictions.



Workshop Leaders: Merryn and Lauren Oliveira



Items to bring: Please bring a plate, cup, fork/spoon with you to use when eating the food we make.



311 Hike Planning

Looking for a great way to get your Girl Scout troop outside? This workshop is for you! We'll go over route planning, age-appropriate mileages and common pitfalls.



Workshop Leader: Lauren McNulty



Items to bring: Please bring a trail map of a park near you!

312 Outdoor Skills

Come and get a taste of lots of things to do outdoors with your Scouts. We'll learn about trail signs, animal tracks and casting, compass basics, simple survival knots, pocketknife usage, along with safe, easy ways to teach your girls outdoor skills.



Workshop Leader: Karen Oliver



What was most valuable or useful about attending Discoveree?

"I learned new ways of doing what I've already done. Basically, I learned how to improve upon what I'm currently doing as a troop leader and SU member."

- 2019 Discoveree Attendee

SESSION III



Songs, Games & Dance

313 Grab Bag of Fun #1

Learn several simple, affordable ideas for all ages, including a game and a squashbook. Make five or more items to share with troops or give as gifts.

Workshop Leaders: Carrie Grothman, Judy Scouten and Jen Sanders



Items to bring: Please bring scissors.



314 Learn and Teach Girl Scout Songs

We will sing songs of all sorts-- campfire, silly, ceremony and just everyday songs. You will learn some tips for teaching songs.

Workshop Leader: Theresa Northcutt



Items to bring: Please bring your charged phone or another device to record the music as you wish.



315 Grab Your Partner and Dance

Learn folk dances from all over the world, and a few techniques for teaching Girl Scouts how to dance them as well. Bring your water bottle and wear sturdy shoes (preferably close-toed).

Workshop Leader: Maureen Wikander and Cathryn Bruno



What was most valuable or useful about attending Discoveree?

"I learned new skills, which was helpful. The hands-out activities and how to translate them to the girls I lead was also very helpful."

- 2019 Discoveree Attendee



Crafts & Personal Interest

316 Balloon Art for Girl Scouting

Balloons are an easy and inexpensive way to add excitement to Girl Scout events and activities. In this workshop you will learn and practice the basic skills required to make balloon columns, arches, centerpieces and other decor, as well as very basic balloon twisting.

Workshop Leader: Gina Garitson



317 Embellished Petal Pouches

Come make a fabric square into a drawstring pouch with embellished "petals". The pouch is ideal as a travel bag for jewelry/toiletries, reusable gift-wrapping or even an evening bag depending on the fabric your troop chooses. It's easy to teach and works great as a thank you gift or for fundraisers.

Workshop Leaders: Georgina Dannatt and Jeanne Spahr



Items to bring: Please bring scissors that can cut fabric and a needle.



318 Gnomes Are Where the Heart is

Gnomes are mischievous little things that are responsible for the protection and welfare of the home, and they're not just for the winter

holidays. Learn how to make gnomes for many seasons. This is a great troop craft using hand sewing and basic embroidery. Gnomes make great decorations, gifts or even items to sell at fundraisers.

Workshop Leader: Rachel Browne



Items to bring: Please bring fabric scissors.



SESSION III



319 Little Books

Small handmade books are perfect for journals, diaries, logs, sketchbooks, or just for taking notes. We will make a variety of small books with simple techniques and easy-to-find tools. You will want to share these little books with both girls and adults.

Workshop Leader: Kim Busichio



Items to bring: Please bring scissors for cutting paper (not rounded).



320 Painting a Dawn Cottage

An experienced art teacher will lead you through steps to create an original 'Impressionistic' painting of a magical cottage at dawn. Learn real art techniques that guarantee an artwork you will be proud to display, and maybe do with your own troop. Each work will be unique!

Workshop Leader: Daisy Kiehn



321 Troop Shirts

Troop Shirts are a fun tradition - they make your scouts easy to spot on a field trip and show Girl Scout troop pride. They can also be opportunities for creativity and girl-led decision-making. Several options for making fun, homemade shirt designs will be presented. Techniques will include fabric paint, tie-dye, sharpie tie-dye, and die-cutting machine (Cricut); techniques also apply to Silhouette).

Workshop Leader: Laura Stone



Items to bring: Please bring a shirt (prewashed without fabric softener if it's new) if you'd like to customize it during the workshop to take home.



322 Woodburning

Introduce your girls to the art of Pyrography (woodburning). Learn easy techniques to offer this craft to your older girls. Decorate a small box/plaque/frame/door hanger, etc.

Workshop Leaders: Melina Boedecker and Tom Bratton



What was most valuable or useful about attending Discoveree?

"The wonderful array of workshops is one of the best things about Discoveree! There's something for everyone? Newbie leaders, seasoned leaders, or anywhere in between, all attendees have terrific choices to fill up their day."

- 2019 Discoveree Attendee

Session IV

Troop Program

402 Build Your Own Website

Build your own website! For your troop, your family, your service unit, yourself -- whatever! Anyone with a basic understanding of how to click and type on a computer can do it (really!). When you leave you'll know how to create a site, add links and pictures, make sure it works on computers and mobile devices, and link social media. Best part -- your site will be FREE!



Workshop Leader: Kindra Mendall



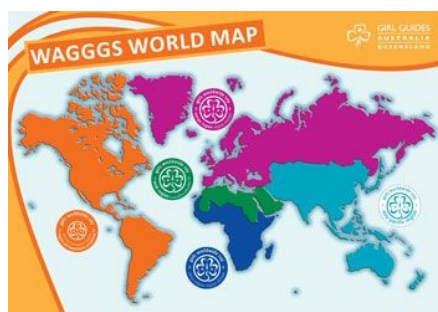
Items to bring: *Bring a tablet if you want to start your own during the workshop or just follow along.*

403 Going Global -- Planning Travel to a World Center

Join us to learn more about the five WAGGGS World Centers. Learn facts about each center. Get an introduction to each country's culture. Understand the program offerings of each center. We will provide resources and guidelines for planning an international trip. After this session, you can expand your girls' understanding of international Girl Guides and Girl Scouts or plan a trip to a World Center.



Workshop Leaders: Kathy Place, Ann Killeen, Kandi Lancaster, Leslie Stuart and Joanie Wings



404 GSNorCal Camps and Program

Did you know that we have 7 different camps in the Northern California area that you can rent for your troop or service unit adventures? Join us for an informative "road trip" and discover what each site has to offer and the programs that you can reserve, such as ropes courses and archery.



Workshop Leaders: GSNorCal Camp and Adventure Staff



405 How to Run a Successful Camporee

Have you ever had an idea and thought it would make a great Girl Scout activity? Or maybe you attended a Camporee and wondered how you could recreate something like it for your troop or Service Unit. Join two seasoned Camporee directors as they go through the nuts and bolts of running a Service Unit event and how to take a spark of an idea and turn it into a full Camporee weekend. The session will go over some of the basics of event planning, as well as exploring themes and team-building best practices to make your vision a reality.



Workshop Leaders: Cady Burstein and Sonya Neal



406 Strive for Silver

Do your Cadettes want to earn the Silver Award, but you are not sure where to start? Come join this training to learn the basics of the Silver Award and what you as a troop leader need to do to support your girls.



Workshop Leader: To be announced



SESSION IV

STEM

408 Wonders of Space

From shadows, the moon, our solar system and beyond, prepare to explore the wonders of space with younger girls. Increase your confidence with space science concepts as you get hands-on with a sampling of badge activities from the Daisy, Brownie and Junior Space Science Badges.



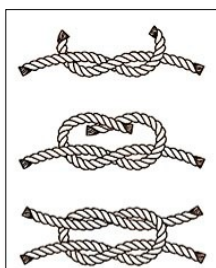
Workshop Leader: Jessica Henricks



Outdoor Skills

409 Basic Knots

Learn 10 Basic Knots (overhand, square, sheet bend, round turn & two half-hitches, clove hitch, figure-8, sheepshank, lark's head, tautline hitch) and temporary whipping for the end of a rope. Emphasis will be on the purpose of each knot and tips for teaching girls.



Workshop Leader: Denise Lapachet Barney



Items to bring: Please bring 3 feet of nylon or cotton rope, 1/2" to 1" diameter, and a dowel or ruler.

410 Girl Scout Outdoor Progression and New Badges

We will explore the new outdoor-focused badges and how they fit into the progression of outdoor activities and knowledge. Learn how to apply the principles of the progression with your girls, whatever their age. Beginner or expert -- come find out what is new with Girl Scouts outside.

Workshop Leaders: Theresa Northcutt and Janice Stone



411 Orienteering

Looking for a fun, outdoor adventure for your troop? Orienteering is the sport of navigating in the woods with a map and compass. Learn the basic skills of the sport, and how to introduce it to your troop at a local event. Try out a mini-course yourself.



Workshop Leaders: Vicki Woolworth and Nick Corsano



Items to bring: Please bring a compass (if you have one).

412 Protecting the Places We Love

Come learn about Leave No Trace, an outdoors ethics program. We will play a game that will help you understand your connections to the natural world and understand how your behaviors can affect nature. We will discuss the 7 principles for protecting the places we hike, camp, and/or backpack. During the workshop you will learn very practical things you can do to protect the land and animals, and enjoy the out of doors. This information is highly recommended for anyone spending time in the out of doors.



Workshop Leaders: Mary Marine and Christopher Marine



What was most valuable or useful about attending Discoveree?

"Meeting other troop leaders, learning from workshops, going to GS store to buy supplies and spending a day about Girl Scouts."

- 2019 Discoveree Attendee



SESSION IV



Songs, Games & Dance



413 Create Your Own Escape Room

This workshop will take you through the steps needed to plan and conduct an Escape Room type program. Perfect for leaders or older troops to develop for younger groups. It can be used for a fundraiser or just for fun! The workshop finale will allow attendees to use their puzzle solving and decoding skills to 'escape' home.

Workshop Leaders: Diane Bartlett, Linnea Nguyen and Anne Bartlett



414 Grab Bag of Fun #2

Try a second Bag of Fun! Make five or more items for meeting warm-ups, fillers or just for fun. Learn simple ideas for younger ones, like a zig-zag book, and how to scale it up for older girls.

Workshop Leaders: Carrie Grothman, Jen Sanders and Judy Scouten



Items to bring: Please bring scissors.



415 Yoga on a Chair

Yoga for all levels. Gentle flow that you can do anywhere. No yoga mat required.

Workshop Leader: Karen Johnson



What was most valuable or useful about attending Discoveree?

"I split my day with 2 craft classes and 2 learning seminars. I enjoyed both a lot and was glad for the balance."



- 2019 Discoveree Attendee



Crafts & Personal Interest



416 Beginning Knitting

Knit 1, Purl 2come and learn the basics including how to cast on, knit, purl and cast off. Learn a fun new Hobby! (Yarn and needles will be supplied)

Workshop Leader: Rosemary West



417 Customize T-Shirts with Freezer Paper

Create personalized t-shirts, using a cheat version of screen-printing, with freezer paper instead of real screens. A great troop project that you can use to make group shirts, gifts and more! This is a craft for all Girl Scout levels from Daisies on up. I will explain the steps to use freezer paper to make a stencil that can be done by kids as young as 5.

Workshop Leader: Jennifer Bill



Items to bring: Please bring a washed cotton t-shirt you would like to stencil.



418 Felted Coin Purse

Using a resist, we will wet-felt small coin purses. Participants will receive instructions and materials to create several types of coin purses: a fold over flap, a zippered or button closure and a kiss clasp coin purse. We will also decorate with needle felting and embroidery if desired.

Workshop Leaders: Brenda Flowers and Jennifer Huie





SESSION IV



419 Glass Etching

Introduction to glass etching. Learn easy ways to work with glass and create unique personalized items.

Workshop Leaders: Martha Bratton and Michele Sullivan



Items to bring: Bring glass items you wish to decorate (check out \$ stores) or select from a variety of glass containers. Some Pyrex glass not advised.



420 Miniature Piñatas

Make your own mini piñata with recycled materials.

Mini piñatas are easy and fun to make and they are just as much fun to break open as the larger ones!

They make excellent gifts for special occasions (filled with candy, toys, or homemade treats).

Workshop Leader: Wendy Quayle



421 Ribbon & Yarn Leis

Learn to make beautiful traditional Hawaiian ribbon and yarn leis as gifts to celebrate graduations, birthdays and special occasions.

Workshop Leader: Rachel Browne



422 Table Top S'MORE Maker

Use your woodworking skills to sand, build, and stain your own mini Table Top S'MORE Maker. And for S'MORE fun, you will make and exchange S'MORE swaps, and make and eat a S'MORE.

Workshop Leaders: Karen Rodriguez, Michelle Behrendt and Rebecca Rodriguez



What was most valuable or useful about attending Discoveree?

"I love that Discoveree offers classes that teach us the nuts and bolts of Girl Scouts and how to implement the projects in our troop. But Discoveree also has opportunities for personal development. I love that I can learn a new skill for myself. I love the hands-on experience that lets me decide if an activity is right for my troop before I invest in the materials. And the most valuable to me is interacting with other leaders: exchanging stories about successes and failures, seeing different leadership styles. "

- 2019 Discoveree Attendee



Shop our Mobile Store from 7:30–1:30



1-800-447-4475 ext. 7090 or Shop@GirlScoutsNorCal.org

Looking for something very specific? Call us by Jan. 27th to place an order to be delivered to the event.

DISCOVEREE 2020

Committee Chair & Logistics

Sheila Pallotta

Council Liaison

Janice Stone

Committee

Martha Bratton, Rachel Browne,
Kim Busichio, Libby Cox, Lydia Cox,
Barbara Jean Guiot, Phyllis Lun, Robyn Laurin,
Sue Nicol, Karen Oliver, Merryn Oliveira,
Audrey Slaughter, Ann Watrous

Thank You Workshop Leaders!

It is with deep appreciation that we thank and acknowledge all of our wonderful workshop leaders, without whom DISCOVEREE would not be a reality. They are all volunteers who have spent countless hours preparing their workshops.

Other Acknowledgements

Clorox Corporation: Graciously donated the charcoal used for our cooking workshops.

Discoveree Assistants: Girls in grades 7-12 volunteer from sunup to sundown. Thanks for all the hard work!

Volunteers: In addition to our committee members and workshop leaders, the efforts of countless volunteers make DISCOVEREE possible—thanks to the people who help out with parking, staffing the shop, and so many other things!